

Protein Structure, Physicochemical Properties and Mineral Composition Of *Apis Mellifera* Honey Samples of Different Floral Origin

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Abstract: The protein structure, physicochemical properties and mineral composition of *Apis mellifera* honey of different floral origin, commercialized in several states of Sudan were studied. Gel electrophoresis was applied to study the protein structure in order to establish a correlation between botanical species and the protein structure. SDS-PAGE pattern of the samples showed that about 12 distinctive bands for each sample were detected. All samples shared four bands with different molecular weight. Physicochemical properties of the samples showed that *Acacia nilotica* honey contained higher moisture content compared to other types while *Acacia seyal* was rich in sugar. The pH, refractive index and color varied between the samples. *Azadirachta indica* honey had electrical conductivity significantly ($p \geq 0.05$) differed from other samples which could be a reliable and distinctive parameter to differentiate *Azadirachta indica* honey from other types. For all honey samples both major and trace minerals varied between them. The heavy metals also were found to be varied between the samples. Cr was found to be $<0.1\text{mg/kg}$ and Cd ranged from 0.05 to 0.1mg/kg which is below the risk level set by the WHO while Pb was found to be $<0.45\text{ mg/kg}$ which exceeded the maximum amount allowed by WHO.

Key words: Hoeny, Apsi mellifera, protein, physicochemical properties, minerals

INTRODUCTION

Honey has a wide range of applications in the food industry. It can be processed for direct consumption or be used as ingredient of various processed food products. Honey is a nectar collected from many plants and processed by honey bees (*Apis mellifera*). It has been reported to contain about 200 substances and is considered as an important part of traditional medicine (White, 1979). The various components of honey include carbohydrates as a major portion (Hak-Gil *et al.*, 1988) with proteins that include a number of enzymes and eighteen free amino acids (White 1979). Proteins and other solids make up 0.26% of honey and total nitrogen average is 0.043%. The number and nature of the protein content is very complex with at least 19 proteins in addition to albumin (Bergner and Diemer, 1975). Hermosin *et al.* (2003) stated that the proteins and amino acids in honey attribute both to animal and vegetable sources, the major of these being pollen. The identification of authenticity of honey based on honey proteins is a new tool for evaluation of honey as physiologically active food that may promote honey consumption. Although Baroni *et al.* (2002) suggest that the proteins that come from the bees are much higher than that of plant origin. Honey as a food is rich in sugars, making it a natural source of energy. Sugars account for 95 to 99% of honey dry matter. The majority of these are the simple sugars fructose and glucose which represent 85-95% of total sugars (Hak-Gil *et al.*, 1988). The moisture, or conversely the soluble solids in honey is determined by measuring the refractive index of honey, a special moisture chart must be used (AOAC, 1990). The control of moisture content is an important requirement for the established Codex Alimentarius (1993) standards for honey. Honey is color graded into categories and the difference in color is due to botanical origin and also the amount of suspended particles such as pollen (Atrouse *et al.*, 2004). The measurement of electrical conductivity is the most useful quality parameter for the classification of unifloral honeys. The parameter was introduced recently as a new international standard for honey (Bogdanov *et al.* 2004). It has been reported that characterization of unifloral commercial honeys is a hard task (Terrab *et al.* 2004). Attempts have been made to use the information provided by honey proteins to detect their floral origin (Babacan and Rand, 2005; Pontoh and Low, 2002; and

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Weirich *et al.*, 2002). Baroni *et al.*, (2002) used SDS-PAGE immunoblot techniques as a novel alternative method for assessment of floral origin in honey. Honey contains minerals such as calcium, iron, zinc, potassium, phosphorus, magnesium, selenium, chromium and manganese (Alkathiri & Khanbash, 1996, Murray *et al.*, 2001). Mineral/ash content contributes 0.17% by weight, darker honeys have been shown to be substantially richer in minerals than lighter honeys, particularly potassium, chlorine, sulfur, sodium, iron, manganese and magnesium (Hermosin *et al.*, 2003). Emma and Susana (2006) reported that heavy metals in honey are of interest not only for quality control, but can be used as an environmental indicator. Honey can characterize the level of soil, plant, and air pollution. Post Chernobyl radiocaesium distribution in honeys enhances the use of honey as an indicator of environmental radioactivity monitoring (Boselli *et al.*, 2003; Atrouse *et al.*, 2004). The aim of the present work is to study the protein structure, physicochemical properties and mineral composition of *Apis mellifera* honey of different floral origin, commercialized in several states of Sudan.

MATERIALS AND METHODS

Materials:

Fifteen pure samples from five sources (*Helianthus annuus*, *Azadirachta indica*, *Ziziphus spina-christi*, *Acacia seyal* and *Acacia nilotica*) certified and labeled were purchased from Mamlakat Alnahl Company, Khartoum, Sudan during the season 2006/2007. The samples were packed in plastic containers of 500g. The botanical origin of each sample was verified according to the standard acetolysis method of Erdtman (1969). For the determination of the protein structure, the samples were dialyzed to remove sugar and other extraneous materials. Unless otherwise stated, all reagents used in this study were reagent grade.

SDS–polyacrylamide Gel Electrophoresis:

SDS–polyacrylamide gel electrophoresis (SDS–PAGE) was carried out using the method of Laemmli (1970) with a 15% acrylamide separating gel and 3% acrylamide stacking gel containing 0.1% SDS. Samples (15 ml, 0.2%) were prepared in a Tris–glycine buffer at pH 8.8 containing 1% SDS. Electrophoresis was done at a current of 10 mA for 5 h in electrophoretic Tris–Glycine buffer containing 0.1% SDS. After electrophoresis, the gel sheets were stained for proteins and carbohydrate with 0.2% Coomassie brilliant blue-R250 and 0.5% periodate-fuchsin solution (Zacharius, Zell, Morrison, & Woodlock, 1969), respectively. Protein stain was destained with 10% acetic acid containing 20% methanol. The molecular weight (kDa) of the bands was determined by using relative distance of the band from the standard marker.

Jaccard Index:

Jaccard index (J) was calculated according to Ludarig and Reynolds (1988) method using the following equation:

$$J = a/a + b + c$$

Where a = bands shared between two types; b = total number of bands in type 1; c = total number of bands in type 2.

Physicochemical Properties:

The refractive index of the samples was measured using Abbe refractometer {Hilger, M 64.315/56304, England}. Electrical conductivity of the samples (20%) in carbon dioxide-free deionized distilled water was measured at 20 °C using CM18 conductivity meter (032/ SN 3622/AE/11, Elico ltd) and the results were expressed in μ S/cm. The pH was determined with a pH meter (SN. 478524, Hanna instruments, Portugal) in a solution containing 75 ml carbon dioxide-free distilled water. The color of the samples was determined using the Lovibond comparator {PFX880, Salisbury, UK}. Moisture content of the samples was determined using Abbe refractometer (Hilger, M 64.315/56304, England) at 20 °C and the corresponding moisture content (%) was calculated using the Wedmore Table (AOAC, 1990). Sugar content was determined using a refractometer (Kross optronic D-22976, Hamburg, Germany) and the results were expressed in °Brix. Nitrogen and crude protein (%) were determined using micro-Kjeldahl method (AOAC, 1990).

Total Minerals Determination:

Minerals were extracted from the samples by the dry ashing method that described by Chapman & Pratt (1982). About 2.0 g of sample was acid-digested with diacid mixture (HNO₃:HClO₄, 5:1, v/v) in a digestion chamber. The digested samples were dissolved in double-distilled water and filtered (Whatman No. 42). The filtrate was made to 50 mL with double-distilled water and was used for determination of minerals. Calcium

was determined by a titration method. Phosphorus was determined spectrophotometrically by using molybdovanadate method. All other minerals were determined using atomic absorption spectrophotometer (Perkin–Elmer 2380, England).

RESULTS AND DISCUSSION

Protein Structure of Honey Samples:

Figure 1 shows the SDS-PAGE pattern of the protein of honey samples of different floral origin. The pattern of the gel showed that about 12 distinctive bands were detected in the separating gel. The appearance of such bands on both separating and stacking gels indicated that the protein concentration of the samples is relatively high. The molecular weight of the proteins was found to be between 14 and 110.6 kDa with some bands above the stacking gel of higher molecular weight. It was observed that the samples shared only four bands with molecular weight of 104.6, 60.3, 45.6, and 14 kDa. *Ziziphus spina-christi* and *Azadirachta indica* honey were characterized by the presence of a band with a molecular weight of 92 kDa for the former and 64.1 for the latter. *Ziziphus spina-chriti* honey might contain lysophospholipase and lysozyme, since bands with molecular weight of 20 and 14 kDa were detected. The molecular weights detected indicated that all honey samples contained catalase, ovalbumin, phosphatase and lysozyme. Six bands with a molecular weight ranging from 14 to 106.4 kDa were found in *Acacia nilotica* honey. About seven bands of molecular weight ranging from 14 to 110.6 kDa were detected in *Acacia seyal* honey with a protein band of molecular weight of 97 kDa was found to be a characteristic of this type and of *Helianthus annuus* honey. For *helianthus annuus* the protein pattern is similar to that of *Ziziphus spina-christi*. *Azadirachta indica* honey had seven bands with a characteristic band (64.1 kDa.) which could be used to distinguish this honey from other types. This band could be regarded as protein marker for *Azadirachta indica* honey and was found to correspond to phosphomonoesterase. Marshal and Williams (1987) detected at least 19 bands in a variety of Australian honeys following SDS-PAGE with a molecular weight ranging from 10.5 to 500 kDa. A Study carried out by Iglesias *et al.* (2006) applied fast protein liquid chromatography to differentiate floral and honeydew honeys. Seven peaks have been separated; four of which were shared in all honey types. The molecular weight was ranging from 13.1 to 94 kDa. Higher protein bands were detected in this study in the protein and carbohydrate (data not shown) stained gel. This finding is similar to that reported by Sano *et al.* (2004) who attributed the occurrence of substances with higher molecular weight in major royal jelly proteins to the attachment of sugars with the protein. Jaccard similarity index is shown in Table 1 and used to compare between the protein bands of the honey samples. It was found that the highest similarity (0.3) occurs between *Acacia seyal* and *Helianthus annuus* honeys. Generally result obtained for the separated protein and the bands detected agreed with those reported by Iglesias *et al.* (2006), Abd Al aal *et al.* (2002) and Marshal and Williams (1987).

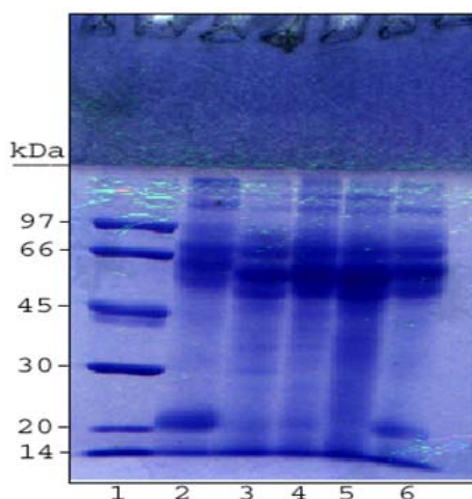


Fig. 1: SDS-PAGE patterns of honey protein of different floral origin. Lane 1, Molecular marker; lane 2, *Ziziphus spina-christi* honey; lane 3, *Helianthus annuus* honey; lane 4, *Acacia nilotica* honey; lane 5, *Acacia seyal* honey; lane 6, *Azadirachta indica* honey.

Physicochemical Properties of Honey Samples:

The results of the physicochemical properties of honey samples are shown in Table 2. There was a significant ($p \geq 0.05$) difference between honey of different floral origin in moisture content. *Acacia nilotica* honey contained high amount of moisture (20.6%) compared to *Acacia seyal* honey which contained about 16.5%. On the other hand, there was no significant ($p \geq 0.05$) difference in moisture content between *Helianthus annuus* and *Azadirachta indica* honeys. The results obtained indicated that the floral source generally affected moisture content of honey type, and they are comparable with those obtained by Bath and Singh (1999), Adebisi *et al.* (2004) and Mohammed (2005). Bogdanov *et al.* (2004) stated that moisture content has a minor importance as an index to differentiate between honey samples. The protein content obtained in this study for all samples was relatively high compared to previous findings of Bath and Singh (1999) who reported that the protein content of *Ziziphus* was varied between 0.048% and 0.42% but agreed with the data reported by Azeredo *et al.* (2003). Sugar content was found to be ranged from 78 to 80.3% (Table 2). There was a significant ($p \geq 0.05$) difference in °Brix between *Acacia nilotica*, *Acacia seyal*, *Azadirachta indica*, and *Ziziphus spina-christi* honeys. The values obtained are similar to those reported by Terrab and Heredia (2004) and those of *Helianthus* honey reported by Bath and Singh (1999). The results obtained for the refractive index showed that there was a slight difference between the samples which agree with the values reported by Adebisi *et al.* (2004) for Nigerian honey. As shown in Table 2 a significant ($p \geq 0.05$) variation in electrical conductivity between samples was observed. *Azadirachta indica* honey had the lowest mean of electrical conductivity (51.6 μ S/cm). It has been reported that the electrical conductivity is the most useful quality parameter for the classification of unifloral honeys (Bogdanov *et al.* 2004). Therefore, the electrical conductivity could be a reliable and distinctive parameter to differentiate *Azadirachta indica* honey from other honey types used in the study. The results obtained for electrical conductivity are agreed with results of Paramas *et al.* (2000), Terrab and Heredia (2004) and Adebisi *et al.* (2004). Analysis of honey samples showed that the color was significantly ($p \geq 0.05$) different and it was found to be light amber to dark brown. It is important to note that the pH of honey does not directly reflect the total acid content, but rather reflects the buffering action of the inorganic cation constituents on the organic acids present. The pH also plays an important role in antimicrobial activity of honey. In this study a significant variation in pH value was observed between the samples. *Acacia nilotica* and *Helianthus annuus* honey had similar pH value. The values of pH obtained in this study agreed with the values obtained by Terrab and Heredia (2004), Atrouse *et al.* (2004), Adebisi *et al.* (2004), Bath and Singh (1999), Paramas *et al.* (2000) and Terrab *et al.* (2004).

Mineral Composition of Honey Samples:

Table 3 shows the major and trace elements of honey of different floral origin. A significant variation between the samples in both major and trace elements was observed. *Acacia seyal* honey contained higher concentration of K (74.66 mg/kg) and lower level of Mn (0.761 mg/kg). Phosphorus (204.6 mg/kg) and sulphur (131.5 mg/kg) are found to be abundant in *Acacia nilotica* honey. *Azadirachta indica* honey contained lower amount of phosphorus (28.1 mg/kg) while *Helianthus annuus* contained higher amount of Ca (82.92 mg/kg) but lower amount of S (46.1 mg/kg). In our study values reported for Ca were lower than those reported by Terrab and Heredia (2004) and Adebisi *et al.* (2004). *Acacia nilotica* contained higher level of Mg (177.15 mg/kg) and Na (28.2 mg/kg). *Azadirachta indica* honey contained lower amount of Mg (23.76 mg/kg) and Mn (0.12 mg/kg). *Helianthus annuus* honey contained lower amount of K (17.6 mg/kg) and Na (14.1 mg/kg). It has been reported that K is the abundant and predominant element in honey (Rodrigues-Otero *et al.*, 1994). According to our study, K was predominant only in *Acacia seyal* and *Azadirachta indica* honeys; while Mg was abundant in *Acacia nilotica*; *Ziziphus spina-christi*; and *Helianthus annuus* honey. Thyme honey from Spain was found to contain elements as K (679 mg/kg), Na (389 mg/kg) and Mg (77 mg/kg) as reported by Terrab *et al.* (2004) were higher than the results obtained in this study. Paramas *et al.* (2000) determined mineral composition of honey from Western Spain by flame photometric method and they found that it contained K (183.3 mg/kg), Na (55.8 mg/kg) and Mg (23.9 mg/kg). Trace element analysis (Table 3) showed a significant difference between honey samples. *Helianthus annuus* honey contained lower amount of Cu, Zn, and Ni (2.94, 4.86, 1.96 mg/kg, respectively) compared to other samples. Both *Ziziphus spina-christi* and *Helianthus annuus* honeys contained similar amount of Fe but *Azadirachta indica* honey contained lower amount. No significant difference was observed in Cu level between *Acacia nilotica*, *Helianthus annuus* and *Azadirachta indica* honey. *Azadirachta indica* honey contained low Co (0.005 mg/kg) compared to *Acacia seyal* (1.26 mg/kg), *Ziziphus spina-christi* (1.7 mg/kg), *Acacia nilotica* (1.004 mg/kg) and *Helianthus annuus* (0.528 mg/kg). The contents of Zn and Ni were 9.61 and 3.33 for *Acacia nilotica* honey, 7.96 and 3.99 for *Ziziphus spina-christi* honey, 5.18 and 4.06 for *Acacia seyal* honey and 4.86 and 1.96 mg/kg for *Helianthus*

annuus honey. Ni was not detected in *Azadirachta indica* honey but Zn level was 6.98 mg/kg. Cr was present in amount less than 0.1mg/kg for all honey types. Fe concentration was higher than the values reported by Merin *et al.*, (1998) except in *Azadirachta* honey. Rashed and Soltan (2004) and Adebisi *et al.*, (2004) reported higher values of Fe concentrations than those reported in this study. However, the result of Fe in our study is inconsistent with those reported by Roriguez- Otero *et al.* (1994). The level of Cu was similar to that found by Adebisi *et al.* (2004) in Nigerian honey. The results of Zn agreed with the results of Merin *et al.* (1998) and Rashed, and Soltan (2004). The concentrations of Co and Cr are similar to those reported by Merin *et al.*, (1998). Lead (Pb) was less than 0.45 mg/kg for all honey samples. Cadmium (Cd) was not detected in *Azadirachta indica* honey but in *Helianthus annuus* honey was 0.45 mg/kg and less than 0.1 mg/kg in *Ziziphus spina-christi*, *Acacia nilotica*, and *Acacia seyal* honeys. Several workers have studied the trace and toxic elements in honey. The investigation of honey contamination by heavy metals (Cd and Pb) revealed the presence of such metals in minute concentrations similar to that reported by Munoz and Pamero (2006) and Dragun *et al.* (2003). For toxic metals Pb and Cd, no toxicological problems can be expected from the consumption of honey, since the concentration of such metal are below the risk levels set by WHO (1982). Dragun *et al.* (2003) stated that the potential carcinogenic effect in the human body for cadmium and possibly for lead, are of high importance in chronic exposure to these substances. The results obtained for Cd showed that it occurred in all samples but fortunately below the maximum amount allowed by WHO (1982). Lead concentration in all honey samples exceeded the maximum allowed amount. However, it has been declared by Dragun *et al.* (2003) that the maximum allowed amount of Cd and Pb are, respectively 0.10 mg/kg and 0.4 mg/kg in honey based products.

Table 1: Jacard index of honey samples of different floral origin.

<i>Azadirachta</i>	<i>Helianthus</i>	<i>Acacia nilotica</i>	<i>Acacia seyal</i>	<i>Ziziphus</i>	Honey type
0.25	0.21	0.25	0.22	-	<i>Ziziphus</i>
0.27	0.27	0.27	-	0.22	<i>Acacia seyal</i>
0.2	0.3	-	0.27	0.25	<i>Acacia nilotica</i>
0.2	-	0.3	0.27	0.21	<i>Helianthus</i>
-	0.2	0.2	0.27	0.25	<i>Azadirachta</i>

Table 2: Physicochemical characteristics of honey samples of different floral origin.

parameter	Floral origin				
	<i>Ziziphus spina-</i>	<i>Acacia nilotica</i>	<i>Acacia seyal</i>	<i>Helianthus annuus</i>	<i>Azadirachta indica</i>
Moisture (%)	16.60 (± 0.50) ^b	20.60 (± 0.25) ^a	16.50 (± 0.36) ^a	18.60 (± 1.40) ^c	17.90 (± 0.80) ^c
Nitrogen (%)	0.107 (± 0.5) ^a	0.135 (± 0.49) ^a	0.140 (± 0.42) ^a	0.112 (± 0.48) ^a	0.121 (± 0.32) ^a
Protein (%)	0.685 (± 0.35) ^a	0.862 (± 0.31) ^a	0.893 (± 0.26) ^a	0.714 (± 0.31) ^a	0.774 (± 0.21) ^a
Sugar (°Brix)	80.00 (± 0) ^b	78.00 (± 0.57) ^a	81.30 (± 0.57) ^c	80.60 (± 0.57) ^{a,c}	80.30 (± 0.28) ^b
Refractive index	1.495 (± .002) ^b	1.493 (± 0) ^a	1.501 (±0.005) ^a	1.499 (± 0) ^c	1.499 (± 0) ^c
EC (µ S/cm)	167.7 (± 1.15) ^b	185.7 (± 30.4) ^b	151.0 (± 51.97) ^b	164.7 (± 47.1) ^b	51.6 (± 0.5) ^a
pH	5.4 (± 0.05) ^d	4.6 (±0.04) ^b	5.1 (± 0.06) ^c	4.6 (± 0.05) ^b	4.1 (± 0.2) ^a
Color (degree)	23.3 (± 0) ^b	23.4 (± 0) ^c	21.3 (± 0) ^a	25.5 (± 0) ^d	27.2 (± 0) ^c

Values are means of triplicate samples (± SD). Means in the same row having the same letter are not significantly different ($p \geq 0.05$).

Table 3: Major and trace elements content (mg/kg) of honey samples of different floral origin.

Mineral	Floral origin				
	<i>Ziziphus spina-</i>	<i>Acacia nilotica</i>	<i>Acacia seyal</i>	<i>Helianthus annuus</i>	<i>Azadirachta indica</i>
Ca	42.37 (± 0.5) ^b	56.83 (± 0.04) ^c	35.63 (± 0.02) ^a	82.92(± 0.02) ^c	58.02 (± 0.07) ^d
P	49.6 (± 0.75)	204.6 (± 1.5) ^a	109.0 (± 1.1) ^c	110.9 (± 0.61) ^b	28.1 (± 0.56) ^e
K	41.66 (± 1.5)	63.33 (± 1.2) ^d	74.66 (± 0.57) ^e	17.60 (± 0.57) ^a	29.66 (± 1.5) ^b
Na	16.78 (± 0.08)	28.24 (± 0.03)	22.18 (± 0.02) ^{ab}	14.11 (± 10.3)	22.9 (± 0.04) ^{ab}
Mg	48.28 (± 0.02) ^d	177.15 (± 0.05) ^e	64.06 (± 0.05) ^c	73.31 (± 0.01)	23.67 (± 0.01) ^a
S	59.4 (± 0.7) ^d	131.5 (± 0.52) ^a	66.4 (± 0.41) ^c	46.1 (±) ^e	123.3 (± 0.21) ^b
Fe	31.74 (± 0.4) ^c	18.97 (± 0.1) ^b	33.65 (± 0.01) ^c	32.33 (± 0.005) ^c	2.05 (± 0.03) ^a
Mn	0.818 (± 0.003) ^b	1.019 (± 0.005) ^c	0.761 (± 0.002) ^a	0.670 (± 0.001) ^e	0.121 (± 0.005) ^d
Cu	26.96 (± 0.03) ^b	11.45 (± 0.01) ^a	58.12 (± 0.01) ^c	2.94 (± 0.02) ^a	5.06 (± 0.05) ^a
Co	1.172 (± 0.001) ^d	1.004 (± 0.001) ^c	1.265 (± 0.001) ^e	0.528 (± 0.001) ^b	0.005 (± 0.001) ^a
Zn	7.96 (± 0.15) ^d	9.61 (± 0.02) ^c	5.18 (± 0.005) ^b	4.86 (± 0.01) ^a	6.98 (± 0.002) ^c
Ni	3.99 (± 0.003) ^c	3.33 (± 0.02) ^d	4.06 (± 0.003) ^b	1.96 (± 0.01) ^a	0.00
Cr	<0.1	<0.1	<0.1	<0.1	<0.1
Cd	0.1	0.1	0.1	0.05	0.00
Pb	<0.45	<0.45	<0.45	<0.45	<0.45

Conclusion:

The results obtained in this study indicated that the protein structure and some physicochemical properties can be used as indices to differentiate between different types. Moreover, determination of heavy metals in honey samples could be an indicator of soil and environment pollution with such metals.

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