

Analysis of Parenting Style and Emotional Intelligence Guidance School Students

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Abstract: When you are talking about intelligence, it features a lot of quick learning, immediate and accurate calculations and new solutions that come to mind. Parenting is one of hard work on earth. However, all of us, we should prepare ourselves for the day. Almost all teens, or in fact all human beings, in a moment of your life when they feel lonely, or makes sense in a world where everything seems strange and unfamiliar, are missing. The feeling that we must find its place in the world. Family members, especially parents' role in their child's character formation. Parents and some theorists in psychology, a difficult period of adolescence, the period considered. Storm and stress of adolescence as a period to be mentioned. This article reviews the types of intelligence, emotional intelligence, child rearing, Parenting and emotional intelligence, emotional intelligence and gender, which outlines the challenges of parenting and emotional intelligence.

Key words: Parenting, Emotional Intelligence, Teenagers, Sex, IQ

INTRODUCTION

Emotional intelligence is rooted in the concept of social intelligence. The first time. A.L.Serendaic was recognized in 1920. Emotional intelligence (Emotional Intelligence) assessment criteria it "factor of emotional intelligence" or EQ, the ability, capacity or skills to understand, measure and manage their own emotions and others, implies. However, due to the relatively new idea, its exact definition is still controversial among psychologists.

In 1920 "Torn Dike" at Columbia University, the term social intelligence to describe the skills used to cope with other people. In 1975, "Howard Gardner" Raised the idea of multiple intelligences. His eight types of intelligence in two general categories of intelligence interpersonal (interpersonal) and inter-personal intelligence (intrapersonal) outlined. Many psychologists, including Gardner believes that traditional measures of intelligence such as IQ tests (IQ) cannot explain cognitive ability.

Emotional intelligence is the first in 1985 by "Waen Paene" was raised by "Daniel Glnn" gained popularity in 1995. Most research in this area by "Peter Salovi" and "John Maeer" has been in the 90s. They concluded that the capacity to perceive and understand emotions, a new factor in the personality make up.

Intelligence and Its Types:

When you are talking about intelligence, it features a lot of quick learning, immediate and accurate calculations and new solutions that come to mind. The different classes of intelligence has also been proposed. Serendaic, spearman, Tereston , Eshtern Berg. Gardner definitions based on those types of intelligence that have made ??offers. Types of intelligence, vision Serendaic Intelligent behavior of the various specific Serendaic Tvnayy knows. He speaks of three kinds of people in each of these types can vary.

Abstract Intelligence:

This intelligence deals with the ideas and institutions. Understanding the relationship between components and phenomena associated with this type of intelligence. Understand the theories, mathematics relates to this type of intelligence. **Mechanical Intelligence:** The properties are related to the effective use of tools and procedures and related activities. And practical skills of people who do have a good yield of high intelligence are mechanical. **Social Intelligence:** The ability to establish good social relations make it possible to be applied.

2-1 - View spearman and Tereston:

Spearman believes that all mental functions as a carrier of general intelligence (g) and a number of specific factors of intelligence (s) there. In a sense his intelligence and general intelligence to a number of specific intelligence to division.

Unlike Tereston Spearman believes that, overall, there is some kind of intelligence to intelligence, but intelligence is composed of a variety of talents to the psychological. Including intelligence, verbal, numerical aptitude, understanding spatial relationships, understanding of verbal meaning, memory, reasoning and

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understanding are included. Verbal intelligence, vocabulary, verbal communication and talent relations numerical speed and accuracy in the accounts are included. Understanding of spatial relationships, to realize the potential of recognition and Conformance to help shape the vision refers to the verbal meaning of words to memorize words is unique.

Memory in order to maintain any plan, or a piece of poetry and figures, as is Tereston.

2-2 - View Eshtern Berg:

Eshtern Berg his theory was put to the 80 components of excellent operational and information component refers to the intelligence. Accordingly, the types of intelligence, verbal intelligence, practical intelligence and the intelligence community is divided.

2-3 - Different Kinds of Intelligence, Gardner's View:

Gardner American psychologist, intelligence has identified seven distinct types: language or verbal intelligence, intelligence, art, music, logic, mathematical intelligence, spatial intelligence, bodily intelligence, social intelligence, and intelligence within the individual or self-control. Gardner believes that for any particular issue, intelligence about the issue are used.

Emotional Intelligence:

Understanding the difference between intelligence and knowledge in the field is clear. Intelligence quotient (IQ), a reliable criterion for assessing the cognitive capacity of individuals. Does not change over time. But the emotions (or emotions), not much difference between intelligence and knowledge. Some inconsistencies in the existing definitions and measures of emotional intelligence there. Some psychologists believe that emotional intelligence is dynamic and is learning and growing. While some other emotional intelligence as well as stable and uncontrollable increase.

The main components of emotional intelligence and social and its constituent elements:

Interpersonal Components:

A. Emotional Self Awareness B. (AS) Assertiveness C. (SR) SELF-REGARD D. (SA) SELF-ACTUALIZATION E. (IN) (INDEPENDENC)

ADAPTIBILITY-COMPONENTS:

A. (RT) REALITY TESTING B. (FL) FIEXIBILITY C. (PS) PROBLEM SOLVING

MOOD - GENERAL COMPONENT :

A. (OP) OPTIMISM B. (HA) HAPPINESS

Interpersonal Components:

A. (EM) EMPATHY B. (RE) SOCIAL RESPONSIBILITY.

C. (INTERPERSONAL RELATIONSHIP

Stress Management-Components :

A. (ST) STRESS TOLERANCE B. IMPULSE-CONTRO.

Child rearing

Love, laughter, limits, and we consider the correlation of the core parenting. In a busy life, many things, including non-homogeneous information about parenting, the core of it is vague and uncertain.

Safe and effective action to begin working with teens is necessary, emotional intelligence can help. We must pull their own emotions and the logic of situations that we encounter, we balance. Must learn that their feelings about the situation emerging in relation to correctly identify and shape their actions according to these factors.

Representing specific areas of emotional intelligence are parenting, including:

A. Awareness of self and others

B. Show empathy and try to understand others' perspectives

C. Just sit tight and follow the golden rule

D. Positive, purposeful and having a plan

E. Best use of social skills (BEST) to control and guide the relationship

ESP implementation tools available to parents in these areas are. That these components are:

A - Evaluation (E) Evaluating and off the situation, feelings and views of those they deal with their willingness to respond very quickly and deter excessive and inappropriate kind.

B - Select (S) selecting goals and planning for a positive and constructive action.

C - To work (p) proceeding with the proper social skills.

The youth must develop the moral intelligence to do the following:

A - Sense of moral obligation in child rearing

B - Attempts to model the sample or have a strong moral example.

- C - Understanding the beliefs and your opinions, share them with others.
- D - In terms of learning to good use
- E- The discipline as a moral lesson to Follow
- F - Can expect ethical behavior
- G - React to the behavior of
- H - To strengthen the child's moral behavior and reward
- I - Every day principles to prioritize
- J - Partnership and the golden rule
- M. Hemalatha and K.Vivekanandan

To support or empathy, listening skills, basic communication skills is the subject of parenting. Listen carefully and non-verbal body language and tone of voice is often more than words, the concepts they convey. When parents talk to your child can listen to the words and sentences like, "well, yes, it is true, understand, higher" use. The movement for better communication when they can listen to Embrace, nodding approval to sign, smile, eye contact kind, patting the child and his approach to use. Just repeat the words of parents with children, to show clearly in what he says, are located. Take note of the fact that our children are alert, we think. Soon bored, we understand fatigue and apathy.

Other important skills of listening skills in addition to that we can better understand the child's feelings and also to assist in a successful dialogue, is empathy. Empathy is the ability to share the feelings of others. Parental empathy, perspective to the issues of opening the eyes of kids. In sympathy with their children, parents need to give him feedback, stating that if I had the same feeling I had.

Emotional Intelligence And Parenting:

Family members, especially parents' role in their child's character formation. Parents and some theorists in psychology, a difficult period of adolescence, the period considered. Storm and stress of adolescence as a period to be mentioned. If a child has a higher IQ sure in adulthood, people will be educated and successful. Many parents, of the pre-school, children are learning about quality. And the school that he taught them to read. Unaware of it, only to have high intellectual intelligence (which schools they want it to pass the exam can barrier) is not sufficient for success. In addition to IQ, emotional intelligence is necessary. Following emotional intelligence, children learn that feelings and emotions, needs and desires all men to not like each other. To achieve such an understanding to increase feelings of compassion and respect for individual differences and lead others. By the time your heart (the skills of emotional intelligence) is. With the development of emotional intelligence, the children suffer from, when people are full, they will feel better, that work together. Emotional intelligence helps us to have two children, with more responsibility. Beginning with education, based on the responsibility to accept their feelings and emotions. Instead they believe that others feel like they are puppets controlled.

Parenting is one of hard work on earth. However, all of us, we should prepare ourselves for the day. Should ask ourselves, What is our style? Or What? Do we educate your children as we have trained our parents?

Now we live in an age where everything is changing rapidly. In recent decades there has been a dramatic change in style, too. Today's parents the tools and skills to newer, more efficient and appropriate to contemporary needs. So with the new concept of emotional intelligence and its introduction by Daniel Gelmen (1995), many parents would welcome it. They showed interest in learning. The importance of emotional intelligence concepts like empathy, understanding, express and control emotions correctly insists. So parenting is based on a combination of knowledge and experience of emotional intelligence with empathy, wisdom, consciousness and self-governance. These skills can overcome common challenges, in the process of educating the present generation, are useful.

In addition to the physiological maintenance of teenagers, with issues such as identity crisis, pressure is the same age, independent of their parents face. The passage of this step makes it difficult for him. Here, more than anything to his wise guidance and management needs.

It happened to be joined, unless he understands the needs of parents. With this approach needs to be correct and reasonable. Parents can help with new tools such as love, joy and unity to set boundaries and parenting teens in their step.

Almost all teens, or in fact all human beings, in a moment of your life when they feel lonely, or makes sense in a world where everything seems strange and unfamiliar, are missing. The feeling that we must find its place in the world. The momentum suddenly felt very self-alienation, premature aging and abandoned youth loses.

Good preparation for parenting teenagers are faced with many sudden starts. But everything is cluttered, parenting practices, the need becomes more subtle. From the perspective of adolescents, the situation is being cluttered, teenage years are full of firsts. First encounters with drugs and alcohol, the first contact and the first responsibility of adulthood.

The dominant feeling of the situation is very good. But these are teenagers who are going down. They are violating the rules. Because I feel it coming through. But at the same bus with high risk, which fed the inevitable and certain others, the real question is, what are our teenagers. Teens want to have contact with others. In today's world are forced to grow up faster than ever. They are faced with a confusing variety of sources. Among them are simply missing.

When a terrible storm comes to maturity. Sea life is highly turbulent. The actual responsibilities of adulthood appears. For teenagers, it is vital to find a fulcrum. Parents are the best anchor, which will be present. Parents who will act with emotional intelligence. According to a valuable part of your relationship.

Parents of children with learning, communicating through a practice as simple as reading a page of the paper together, but also understand how to become one of the fundamental components of the moral issues of adolescent identity development. But the rules and principles should be applied with caution. Laws, rules and principles, as long as the source of flexible, loving and will not come, it will have value. Parents are children's best friend. Succeeded in raising a teen parent, must play several roles. Favor of the discipline or even in some cases also covers the role of villain. But they often have the same friends, the people have the confidence to play well and play together.

Parenting methods based on emotional intelligence in the evening with a lot of running about being a parent is faced with a myriad of small events during the conflict and sudden crises that demand rapid response. The These reactions, have the following consequences, which affect how the character. The teenage experience is required. The person you communicate with your teen provides. We, being young is wonderful. Human feeling, committed and courageous, a person's inner strength and his password is his justice. To achieve these goals, human to human need. Only love is not enough. Insight alone is insufficient. Good parents should have the skills.

It is too busy? Whether you choose to call it a lifestyle? Busy lives that often we're caught, not the result of careful planning. I accidentally formed. All work and busy, we are faced with increasing stress. Causes less time and opportunity to give their children. Even when the children are part of our mind while thinking of things that I've done some other things to do in the future is involved. The full participation of the children is difficult. We have a lot of obsession. Scheduled for delivery to their destination and their children, rushed to do things, not out of concern about planning for their children. They often believe they have a good position in the list of priorities of their parents.

Parents are responsible for the prolific and popular children's adolescence. Perhaps the only thing harder than being a teenager. Young at this time than ever with more effective resource is encountered. He is also thinking of creating a diversion of resources.

The school cannot solve our problems. But we can. Since the beginning of history, never such a large volume of information, which look great in any role they may have no control, is not directly accessible to children. In the current era, the attention of parents for their children, are engaged in tough competition with a variety of factors. Constantly trying to influence their children. But a variety of different channels to reach the children, encourage them, to think and act differently. Parents trying to reduce the effect. Parents are very valuable and limited time. Our busy lives, creates many obstacles. Even if the teenager, they may qualify for a different world is possible. Teenagers, influenced by peers, media, Internet and various factors are, we are unaware of them. Given that, our capacity is limited to parenting. Therefore, the method we use emotional intelligence in parenting

Emotional Intelligence and Gender:

Describe the Cerch Mayer (1998) statistical study of men and women, suggests that the difference between these two groups is as follows: a man with any intelligence or IQ (IQ) above, with a wide range of interests and abilities The mind is clear, that it is not surprising. This man, ambitious and productive, predictable and strong, and not for their personal interests. He also sold faultfinding and pride, fastidious and deterrence, in the sexual experiences of feeling uncomfortable, non-expressive, independent, and is emotionally cold and soulless.

Conversely, men who are of high emotional intelligence, socially balanced, are affable and cheerful. In contrast, worrying or frightening thoughts are resistant. In serving the people or their problems, from the perspective of moral responsibility and capacity are significant in their relationship with others and feel the show. Their emotional life is rich, but consistent, they themselves, others and comfortable community in which they live.

Women have a high IQ, the intelligence of self-reliance are expected of them, their thoughts are easily raised. Are matters of subjective value. Wide range of intellectual and aesthetic interests are. They also inter-minded, prone to anxiety, and guilt are sinking in fantasies. Hesitate to express their anger openly.

Conversely, women with high emotional intelligence, and with the courage to express their feelings directly. Have positive feelings about themselves. For them, life is full of meaning. They like men are affable and social. Appropriate to express their feelings are their own well adapted to stress. Their status allows them to easily meet new people, they are comfortable enough with themselves. Until their humorous, self-motivated and be receptive

to the emotional experience. However, women with high intelligence and pure, they rarely feel anxious and guilty. Or are lost in the illusion itself.

The above image shows two aspects of each case is extreme. We give a constructive view. Based on the notion of emotional intelligence and cognitive aspects are interwoven. A manifestation of the ability of a person's emotional displays.

When women have all the features and characteristics are similar to men. Stimulation in terms of geography, development and advancement of the rights and privileges as men are a little distance, but they differ in terms of promotion and no promotion. (Ester Vrayly 1999)

There is no unified intelligence that can guarantee success in life, but there are a wide range of intelligence.

Psychologist Jack Block University of California in terms of gender, IQ and EQ is divided into four categories:

A - Men with High IQ:

The men of the intellectual abilities of their being identified. They ambitious, critical, stubborn and have a high ability to solve problems are rational. But due to low Emotional Intelligence shy, humble, and are thin-skinned. Not consent to sexual relations. Are emotionally cold and heartless.

B - Men with High Emotional Intelligence EQ:

Such men in social relations, balanced, they are happy and playful. High capacity for commitment and devotion to the people or their goals. Responsible, are caring and considerate. Such people themselves, others and the community will feel comfortable.

C - Women with High IQ of:

Confidence are good. Express their ideas in logic and eloquence are adequate. There are a lot of intellectual interests. They are introverted, prone to worry, and guilt are thought and imagination. Hesitate to express their anger. Usually it is expressed indirectly.

D - Women with a High EQ:

These women love to express their feelings directly. Think positively about themselves. Men are like a group of social and group oriented. Think they are happy and comfortable. They rarely feel fear and guilt.

There is no doubt that having a high IQ alone is not sufficient to solve the complex problems of social life. Jack believes that the individual blocks of a high IQ, but emotional intelligence is lacking, it is almost a caricature of a wise man. He was a master in the realm of the mind, but in his personal world is incapable of IQ and EQ cannot be considered as two against each other. But these two are merely different. Although many of us with emotional intelligence scientific acumen make mistakes, despite popular belief, people with high IQ and emotional intelligence are very weak or vice versa, are rare. Many people of high IQ and EQ are together.

7 - The Challenges of Parenting and Emotional Intelligence:

In response to the question why cannot their children as parents who are competent, educated people. This is because, we as parents of the child's use of communication skills in training, we have used the barriers to communication. Communication barriers that prevent the initiation or continuation of dialogue is something quiet, friendly and good with children, or it is disconnected. These obstacles, sometimes the verbal conflict, anger and even physical confrontation between the parents and children. Destructive criticism is misplaced because of communication barriers, labeling, exhort. Often the cause of the collision between them. Parents learn some basic communication skills can destroy these obstacles. Healthier relationships with their children to get help. Parents need to know in talking with parents of children often show resistance..

If anyone would care to talk to a mother with her ??child, our surprise will notice that each of them how they are oblivious to each other professionally. The major barriers to communication in parenting, parents of the children would be criticized. Some parents think their child in the adult education will be free to criticize. If not, they never think of criticizing teachers or students are not learning the lesson. Parents are unaware of this important and critical step to knock the child is lying and secrecy.

One of the important reasons is that lying children, children of our parents when we are constantly blaming and criticizing. So they hide the fact they are knowledgeable decision to get rid of your boring sharp criticism of their parental leave. Parents should be constructive criticism. Instead of permanent errors pointed out to the children, just to tell them what is right and what things you should do. In fact, this kind of criticism to positive ends. The destructive criticism of the child will become angry. Naming and Labeling of other barriers to communication is important. Labels like stupid, baby Mama, timid, and finds all the children are "negative self-concept" of the same labels in the future and build their lives.

Conclusion:

The difference between intelligence and knowledge and understanding in the field is clear. Intelligence quotient (IQ) measure is a reliable measure of cognitive capacity. Does not change over time. But the emotions (or emotions), not much difference between intelligence and knowledge. Move to start a safe and effective work with young people is necessary, emotional intelligence can help. We must pull their own emotions and the logic of situations that we encounter, we balance. To support or empathy, listening skills, basic communication skills is the subject of parenting. Listen carefully and non-verbal body language and tone of voice is often more than words, the transfer of **concepts**. The parents of children with learning, communication through the practice here is simple. The school cannot solve our problems. But we can. Since the beginning of history, never such a large volume of information, which look great in any role they may have no control, is not directly accessible to children. There is no unified intelligence that can guarantee success in life, but there are a wide range of intelligence. One of the important reasons is that lying children, children of our parents when we are constantly blaming and criticizing.

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